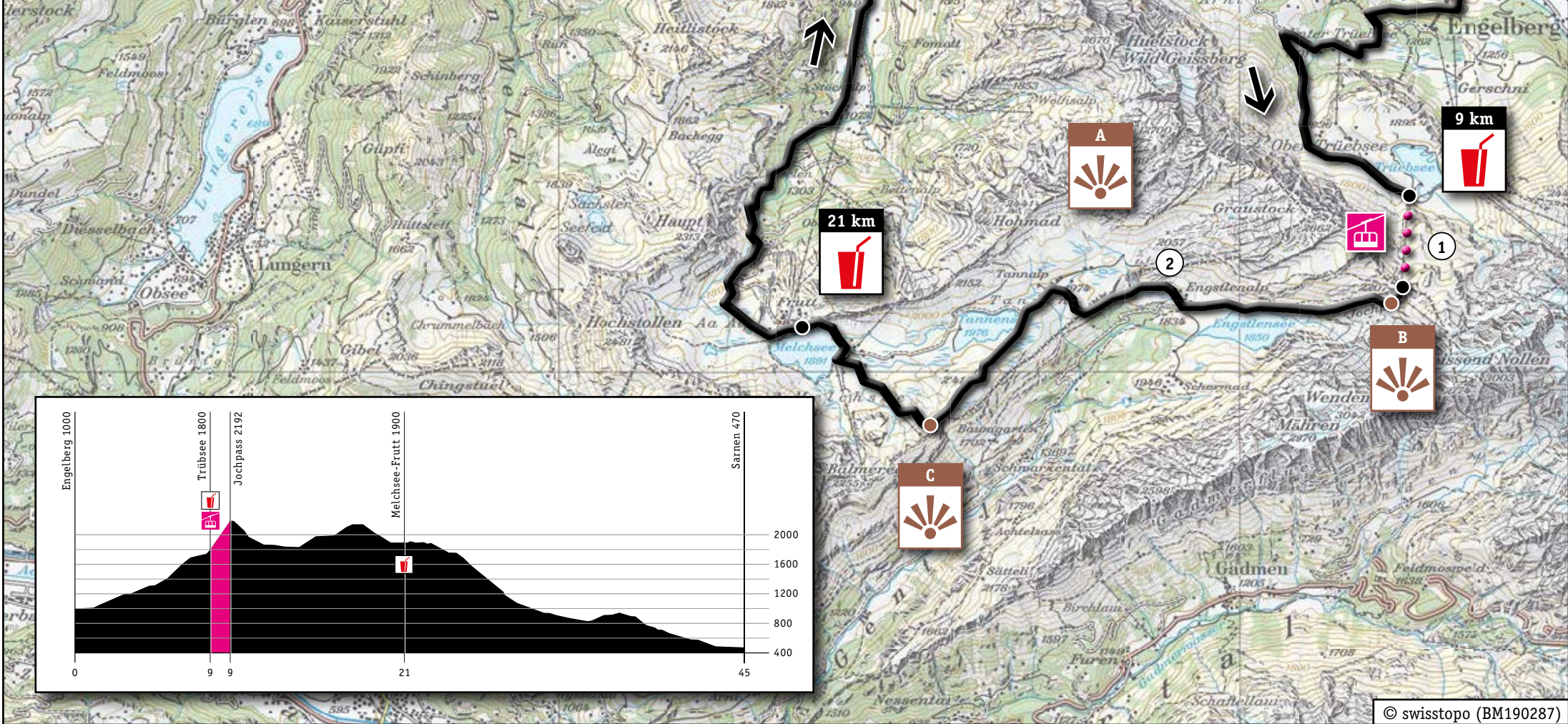
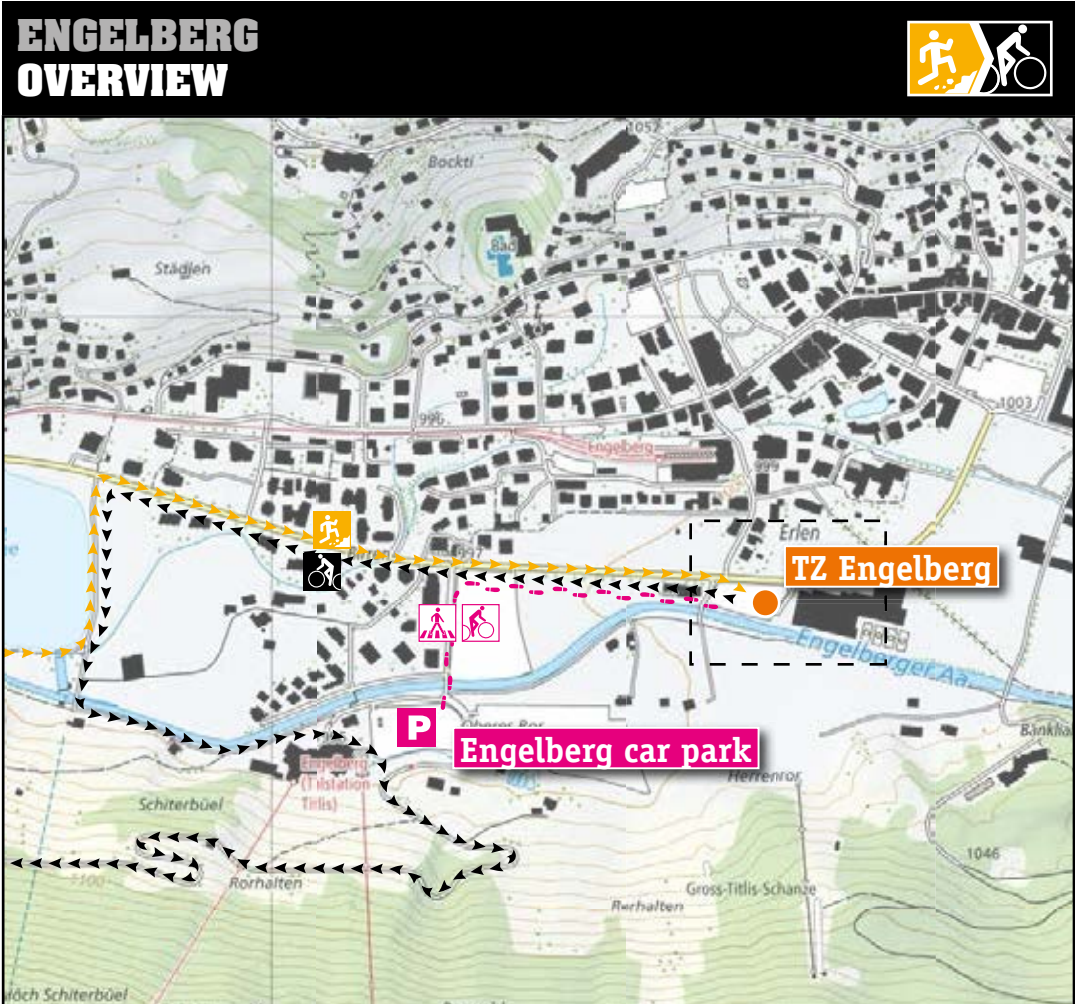


Important information
If you expect to be riding in the dark, you need to carry the appropriate lights.
Various sections (Melchtal, Trübsee, Jochpass, Melchsee-Frutt-Stöckalp) are heavily used by walkers.
Pace yourself, proceed with caution.



Living Union	Anticonsummate Barker	1910		0011
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A	Four crystal-clear mountain lakes: Trübssee, Engstensee, Tannensee and Melchsee	D	Melchtal valley
B	Hells Bells Trail: Jochpass to Engstlenalp	E	Flüeli-Ranft
C	Beautiful trail to Ärzegg		

Personal effects
The supporter or a team member takes the biker's personal effects from the Engelberg transition zone to the finish line in Sarnen.

Showers

The showers are located at the headquarters at the Kantonsschule Sarnen.